

# **EPOS Survey Application Guidelines**<sup>1</sup>

For researchers and institutions wishing to distribute a survey to EPOS members.

# 1. Background & Rationale

### 1.1. Introduction

Provide a brief overview of the survey's purpose and significance.

## 1.2. Supporting Literature & Data

Summarise relevant research, previous EPOS or external surveys, and validated assessment tools used. List references in Section 8.

# 1.3. Investigator Experience

Outline the investigator's relevant research, publications, or past surveys related to the proposed topic.

### 2. Objectives

# 2.1. Primary Objective

Clearly state the main goal of the survey.

Example: To determine the rates of utilisation of gait analysis in the clinical management of ambulatory children with spastic cerebral palsy across North America.

#### 2.2. Secondary Objectives

List any additional research aims, if applicable.

# 3. Survey Design & Administration

# 3.1. General Survey Design

Provide an overview of the survey format and methodology.

#### 3.2. Survey Population

Justify the target population and whether the entire EPOS membership or a specific subgroup will be surveyed.

#### 3.2.1. <u>Inclusion Criteria (Example)</u>

- Must treat more than 10 cerebral palsy patients per year.
- Must have at least five years of practice.

### 3.2.2. Exclusion Criteria (Example)

Does not have access to gait analysis facilities.

<sup>&</sup>lt;sup>1</sup> Approved by the EPOS Scientific Committee in August 2023 (adapted from POSNA survey guidelines).



# 3.3. Survey Platform & Administration

Specify the platform used (e.g., REDCap, SurveyMonkey) and relevant features.

## 3.4. Survey Length & Number of Questions

Indicate the estimated completion time and total number of questions, with justification for the length.

### 3.5. Opt-in/Opt-out Process

Surveys must include a screening question to ensure only eligible participants proceed. Respondents must also have the option to opt in or opt out.

#### 3.6. Follow-up Plan for Responders & Non-Responders

Describe the follow-up strategy, including:

- The number of reminders allowed.
- The method of contact.
- How to prevent unnecessary reminders for those who have already responded.

#### 4. Ethical Considerations

#### 4.1. Confidentiality

State whether responses are anonymous and describe data protection measures, including encryption if applicable.

#### 4.2. Risk & Benefit Assessment

- Potential Risks Summarise any risks and how they will be minimised.
- Potential Benefits Describe direct benefits to participants and indirect benefits to the broader scientific community.
- Risk-Benefit Justification Explain why the benefits outweigh the risks.
  Example: The study team believes that the potential benefits of [insert benefits] to [insert population] outweigh the associated risks.

# 5. Statistical Considerations

# 5.1. Primary & Secondary Endpoints

Define the criteria for achieving the survey's primary and secondary objectives.

#### 5.2. Measures to Avoid Bias

Describe strategies to minimise observational bias in data collection.

#### 5.3. Statistical Methods

Provide details on the statistical analysis plan. If a power analysis is needed, specify the minimum required sample size. Investigators must submit an example statistical analysis using at least 30 simulated survey responses.



### 6. Preliminary Report & Publication

# 6.1. Preliminary Report (within 6 months)

To encourage participation, investigators must provide a preliminary summary of key findings.

Key points to address:

- How respondents will be informed about the report before taking the survey.
- How they will be notified once results are available.
- How access to the report will be restricted to survey participants.

#### 6.2. Publication Plan

Outline plans for submission to journals or conferences.

# 7. Timeline & Submission

### 7.1. <u>Timeline</u>

Investigators must follow these deadlines:

- Within 3 months Preliminary Report submitted to survey responders and the EPOS EBP Committee.
- Within 5 months Statistical analysis and abstract submission.
- Within 8 months Manuscript submission.

Include a detailed timeline with deadlines for follow-ups, statistical analysis, and journal submission.

## 7.2. Submission Process

All survey requests should be submitted to <a href="mailto:researchgrants@epos.org">researchgrants@epos.org</a> for evaluation.